



LE GRAND BELLEVUE
GSTAAD

Winter wonders at Le Grand Bellevue, Gstaad

Le Grand Bellevue will return for the winter season with exclusive new guest experiences

Ski & Soul



This winter season, [Le Grand Bellevue](#) will introduce a new Ski & Soul package - the first of its kind in Gstaad - combining active outdoor mountain pursuits with mental wellbeing and personal healing. The three-night experience will see guests begin their days with a **morning mindfulness** session at a nearby frozen river, or a core-strengthening stand-up paddle board yoga session in the indoor swimming pool. A choice of **specialised ski classes** will follow including ski techniques to improve posture, the practice of mindful skiing with breathing techniques to improve confidence, reduce anxiety and promote relaxation, or 'off-piste

adventures' to present guests with new challenges and the chance to feel truly connected with nature. Le Grand Bellevue will also offer a **Walk and Talk** experience, giving guests the opportunity to take manageable hiking routes with a personable guide to broaden the mind, learn about local culture and exchange experiences.

Guests will unwind and switch off with an **Alpine Serenity Ritual and Goat Milk & Honey Bath** at Le Grand Spa, before retiring to the Thermal Oasis where 17 different heat therapy treatments await. A selection of **therapeutic après-ski activities** will be carefully curated to re-focus the mind, such as floristry and healthy cooking classes using locally-sourced produce and Alpine flavours, whilst an exclusive **Ski & Soul menu by head Chef Marcus G. Lindner** will nourish body as well as mind, using the freshest ingredients from local farmers and producers and detailing the nutritional value of each dish to guide guests through the health benefits.

To book: *The Ski & Soul package at Le Grand Bellevue starts from £2,475 per person including three nights' accommodation in a Chic double room on a half board basis (including one signature four course tasting menu), 1x Alpine Serenity Ritual at Le Grand Spa, 1x Goats Milk and Honey Bath at Le Grand Spa, 1x healthy cooking class, 1x frozen river mindfulness session, 1x off-piste ski adventure, 1x mindful ski session, 1x Walk and Talk session and 1x stand-up paddle board core workout.*

Massimo Bottura at Le Grand Bellevue

Le Grand Bellevue is delighted to welcome Massimo Bottura and his kitchen team for an exclusive one-night residency at LEONARD's on 21st March 2019, adding to the hotel's existing Michelin-star gastronomic offering. An innovator and restaurateur with over twenty years' experience, Massimo Bottura is internationally renowned as one of the world's most creative culinary figures. Combining tradition and innovation, Bottura continues to redefine Italy's rich gastronomic heritage and culinary traditions, with signature dishes exploring the roots of the Italian kitchen whilst making references to the country's rich cultural and artistic history. Bottura opened his first restaurant Osteria Francescana in his hometown of Modena in 1995 and in 2012, the restaurant was awarded its third Michelin star. This year it was awarded the number 1 spot on the World's 50 Best Restaurants list.



To book: *Massimo Bottura will host dinner at Le Grand Bellevue on 21st March 2019. The dinner package with a one-night overnight stay including breakfast starts from CHF1,700 for two persons, based on double occupancy. Priority is given to bookings with an overnight stay.*



Perfect Moment x Le Grand Bellevue

Le Grand Bellevue has joined forces with Perfect Moment to create an exclusive, limited-edition Gstaad sweater – an extension to the luxury ski and surf fashionwear's existing line of signature slogan knits. The Gstaad sweater is made from 100% merino wool, and will be available in three colour block combinations. The sweater is available exclusively at the Le Grand Bellevue boutique, and is sold at £200.

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Independently minded

Editor's Note:

Le Grand Bellevue re-launched in January 2014 after a year-long renovation by dynamic young owners, Daniel and Davia Koetser. In the heart of Gstaad village, the hotel was originally built in 1912 as a Cure House and Spa. Family-owned, managed and designed, the hotel comprises 57 bedrooms. Bold colours, eye-catching prints and elegant furniture make up the interiors. The hotel's signature restaurant LEONARD's offers exceptional Michelin-starred cuisine whilst the more intimate 18-seat Le Petit Chalet serves up a menu of hearty Swiss dishes. An on-site sushi bar serves up the freshest sushi in the Alps, and the off-site Chesery restaurant offers a range of fine dining options from Michelin-starred chef Robert Speth. Other features include an art-deco bar and cocktail lounge, Cigar Lounge, Private Cinema and the Gstaad Yacht Club. Le Grand Bellevue is home to a 3,000 square metre spa in partnership with organic English brand, Bamford and Cellcosmet. Le Grand Spa features a Thermal Oasis, indoor swimming pool and outdoor relaxation pool, well-stocked fitness suite, comprehensive roster of complimentary fitness classes and expert in-house Personal Trainers, Physiotherapists and Osteopaths.