



LE GRAND BELLEVUE

GSTAAD

ADRENALINE FUELLED ALPS

Le Grand Bellevue launches a new programme for adrenaline junkies seeking action packed short breaks this summer



This summer, [Le Grand Bellevue](#) in Gstaad will introduce an exclusive new **Adrenaline Fuelled Alps** experience for thrill-seekers looking for a whirlwind weekend away. Set to launch in June 2019, the **three night programme** will be action-packed with mountain pursuits that see guests push themselves to their limits with no expense spared.

In true James Bond style, the experience begins as guests are whisked from Gstaad train station to the hotel in one of Roger Moore's old Bentley's, which now sits in the fleet of Le Grand Bellevue's classic cars. The first morning will see guests take part in a **mountaintop meditation** to mentally prepare for an exhilarating **tandem paraglide** to soar through the skies and absorb the beauty of the Saanen mountain range. Subsequent days will see guests bravely hike the frozen **Glacier 3000 trail** with the support of specialist guides and ride the **Alpine Coaster** at the top, the world's highest toboggan run which offers a thrilling decent. Guests can end the trip at speed by learning the skill of downhill **Grass Skiing**, or flying above the mountain passes by **helicopter** before landing on a sunlit peak for a private yoga class. Exhilarating **trail running routes** can also be provided upon request from the hotel's concierge.

Adventurous days will be complemented by spoiling nights at Le Grand Bellevue where Michelin-starred Executive Chef Marcus G. Lindner will prepare **hearty dinners** at [LEONARD's](#) to satisfy the hungriest of appetites using locally sourced Alpine ingredients. Should guests crave cheese fondue or rich raclette in the charming Swiss surroundings, [Le Petit Chalet](#) is nestled in the grounds and is a treasured hideaway after an active day. To refuel mountainside, the hotel can also prepare **gourmet picnics** for guests to pack up and take along on their adventure.

A team of proficient therapists at **Le Grand Spa** will ease aching muscles and knotted limbs with an invigorating deep tissue **Sports Massage** to help prevent any injuries or

strains. The 3,000 square metre Le Grand Spa is one of the largest in the region, and offers 17 unique wellness experiences, including a new Hay Sauna, Ice Fountain and Infrared Sauna, plus Himalayan Salt Grotto, Finnish Sauna and Laconium. The exclusive Swiss partner of organic British brand Bamford and Swiss made Cellcosmet, Le Grand Spa offers a wide variety of pampering treatments using the finest natural ingredients.

To book: The Adrenaline Fuelled Alps Experience at Le Grand Bellevue (www.bellevue-gstaad.ch) starts from £3,000 per person, including three nights' accommodation, daily breakfast, guided meditation & paraglide, glacier 300 hike & alpine coaster, grass skiing, transfers to/from the activities and a 50 minute Sports Massage at Le Grand Spa.

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Call +41 33 748 00 00 / Email info@bellevue-gstaad.ch
www.bellevue-gstaad.com

For media enquiries, contact BIRD Travel PR:
hello@birdtravelpr.com / +44 207 112 8824

Editor's Note:

Le Grand Bellevue re-launched in January 2014 after a year-long renovation by dynamic young owners, Daniel and Davia Koetser. In the heart of Gstaad village, the hotel was originally built in 1912 as a Cure House and Spa. Family-owned, managed and designed, the hotel comprises 57 bedrooms. Bold colours, eye-catching prints and elegant furniture make up the interiors. The hotel's signature restaurant LEONARD's offers exceptional fine dining overseen by Michelin-starred head chef Marcus G. Lindner, whilst the more intimate 18-seat Le Petit Chalet serves up a menu of hearty Swiss dishes. An on-site sushi bar serves up the freshest sushi in the Alps, and the off-site Chesery restaurant offers a range of fine dining options from Michelin-starred chef Robert Speth. Other features include an art-deco bar and cocktail lounge, Cigar Lounge, Private Cinema and the Gstaad Yacht Club. Le Grand Bellevue is home to a 3,000 square metre spa in partnership with organic English brand, Bamford and Cellcosmet. Le Grand Spa features a Thermal Oasis, indoor swimming pool and outdoor relaxation pool, well-stocked fitness suite, comprehensive roster of complimentary fitness classes and expert in-house Personal Trainers, Physiotherapists and Osteopaths.