

## Switzerland is the only place to go skiing this Christmas - and now there's lots of snow

From availability in exquisite chalets to meals by the world's most celebrated chefs, there is much to look forward to in the Swiss Alps

It's been snowing like crazy in Switzerland this weekend and still is today in Verbier, where, like the rest of the Swiss Alps, it's business as usual – but with masks and strict social distancing in place. While many of Europe's most popular ski resorts will be closed into the new year, Switzerland, which is not part of the EU, has emerged as the only spot in Europe welcoming skiers from abroad this Christmas (Austria will open but only to locals).

Over at chic boutique hotel [Le Grand Bellevue](#) in Gstaad, there's a new mountain mindfulness programme, where you'll do a guided meditation at a nearby frozen lake, have sessions in yoga and Qi Gong and enjoy a specialised ski class aimed at improving your posture. This three-night package costs from CHF1,475, including a Qi Gong lesson, a guided meditation, a B silent treatment and complimentary sleep kit.