



LE GRAND SPA

01.07. - 03.10.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Pool, Gym & Fitness							
Group Classes		09.45 PILATES ALLEGRO (60 MINS)	10.30 SUP YOGA (60 MINS)		09.45 PILATES ALLEGRO (60 MINS)	09.30 HATHA YOGA FLOW (75 MINS)	09.45 PILATES ALLEGRO (60 MINS)
			18.00 AWAKENING VINYASA YOGA (60 MINS)	18.30 VINYASA YOGA (60 MINS)	18.30 YIN YOGA (60 MINS)		

- All classes (except Pilates Allegro) are available from: 01.07.2021 - 03.10.2021
- Pilates Allegro classes are available from: 04.07.2021 - 03.10.2021
- Minimum of 3 attendees per class
- *Please note, that safety measures will be strictly adhered to and classes are subject to change, depending on updated regulations from the BAG*

Pilates Allegro & SUP Yoga 1x: CHF 40 / 11x: CHF 400
 All other classes 1x: CHF 35 / 16x: CHF 440
 50x: CHF 750

