



LE GRAND SPA

SUMMER 2022

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Pool, Gym & Fitness							
Group Classes	09:30 CHI KUNG	09.45 PILATES ALLEGRO (60 MINS)	10.30 SUP YOGA (75 MINS)	08:30 BREATHING & HATA YOGA (60 MINS)	09.45 PILATES ALLEGRO (60 MINS)	10.00 HATHA YOGA FLOW (75 MINS)	09.45 PILATES ALLEGRO (60 MINS)
			18.00 «POWER VINYASA» (60 MINS)				

Please note that classes will only take place with a minimum of 3 guests

Prior reservation is required, if cancelled less than 24 hours in advance, full fee needs to be paid

Pilates Allegro 1x: CHF 40 / 11x: CHF 400
 All other classes 1x: CHF 35 / 16x: CHF 440

Please contact us via telephone: 033 748 01 01
 or via e-mail under: spa@bellevue-gstaad.ch

