



LE GRAND SPA

02.04.24 – 08.06.2024

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Group Classes	08.30 <b>POWER VINYASA</b> <i>Intermediate</i> (60 MINS)	09.45 <b>PILATES REFORMER</b> (60 MINS)	10.30 <b>YIN YOGA</b> (60 MINS)		09.45 <b>PILATES REFORMER</b> (60 MINS)	10.30 <b>HATHA YOGA FLOW</b> (75 MINS)	
		10.50 <b>PILATES REFORMER</b> (60 MINS)			10.50 <b>PILATES REFORMER</b> (60 MINS)		
	17.30 <b>PILATES MAT</b> (60 MINS)		18.30 <b>POWER VINYASA</b> <i>Intermediate</i> (60 MINS)	17.30 <b>JIVAMUKTI YOGA</b> <i>Starting from May</i> (75 MINS)			

**To reserve for a class: with prepayment or a valid abonnement.**

- Please be aware: a free cancellation 24 hours prior to the class is possible. A late cancellation requires a full amount to pay or will be deducted from the abonnement.
- E-Mail: spa@bellevue-gstaad.ch
- Phone: +41 33 748 01 01

Pilates Reformer                      1x: CHF 45 / 10x: CHF 450  
All other classes:                      1x: CHF 40

Abonnement for classes (excl. Reformer)  
16x: CHF 500 / 32x: CHF 925 / 100x: CHF 2.000

**Spa off-season:** Mondays to Saturdays  
9:00 - 18:00

Treatments, fitness, coiffeur & barber

