



LE GRAND SPA

07.10.2024 – 07.12.2024

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Group Classes	08.30* POWER VINYASA <i>Intermediate</i> (60 MINS)	09.45 PILATES REFORMER (60 MINS)	08.30* PILATES MAT (60 MINS)		09.45 PILATES REFORMER (60 MINS)	10.30 HATHA YOGA FLOW (75 MINS)	
		10.50 PILATES REFORMER (60 MINS)	10.30 YIN YOGA (60 MINS)		10.50 PILATES REFORMER (60 MINS)		
	17.30 PILATES MAT (60 MINS)		18.30 POWER VINYASA <i>Intermediate</i> (60 MINS)	18.30 JIVAMUKTI YOGA <i>Only in October</i> (75 MINS)			

To reserve for a class: with prepayment or a valid abonnement.

- Please be aware: a free cancellation 24 hours prior to the class is possible. A late cancellation requires a full amount to pay or will be deducted from the abonnement.
- E-Mail: spa@bellevue-gstaad.ch
- Phone: +41 33 748 01 01

* Class will take place only with 3 or more participants. Please book a slot as prior reservation is required. Classes may be cancelled at 17:00 of the day before, if no sufficient attendance has been registered.

Pilates Reformer 1x: CHF 45 / 10x: CHF 450
All other classes: 1x: CHF 40

Abonnement for classes (excl. Reformer)
16x: CHF 500 / 32x: CHF 925 / 100x: CHF 2.000

Spa off-season: Mondays to Saturdays
9:00 – 18:00

Treatments, fitness, coiffeur & barber

