



LE GRAND SPA

07.10.2024 – 07.12.2024

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Group Classes	08.30* <b>POWER VINYASA</b> <i>Intermediate</i> (60 MINS)	09.45 <b>PILATES REFORMER</b> (60 MINS)	08.30* <b>PILATES MAT</b> (60 MINS)		09.45 <b>PILATES REFORMER</b> (60 MINS)	10.30 <b>HATHA YOGA FLOW</b> (75 MINS)	
	17.30 <b>PILATES MAT</b> (60 MINS)	10.50 <b>PILATES REFORMER</b> (60 MINS)	10.30 <b>YIN YOGA</b> (60 MINS)				
			18.30 <b>POWER VINYASA</b> <i>Intermediate</i> (60 MINS)	18.30 <b>JIVAMUKTI YOGA</b> <i>Only in October</i> (75 MINS)			

### To reserve for a class: with prepayment or a valid abonnement.

- Please be aware: a free cancellation 24 hours prior to the class is possible. A late cancellation requires a full amount to pay or will be deducted from the abonnement.
- E-Mail: [spa@bellevue-gstaad.ch](mailto:spa@bellevue-gstaad.ch)
- Phone: +41 33 748 01 01

\* Class will take place only with 3 or more participants. Please book a slot as prior reservation is required. Classes may be cancelled at 17:00 of the day before, if no sufficient attendance has been registered.

Pilates Reformer 1x: CHF 45 / 10x: CHF 450  
All other classes: 1x: CHF 40

Abonnement for classes (excl. Reformer)  
16x: CHF 500 / 32x: CHF 925 / 100x: CHF 2.000

**Spa off-season:** Mondays to Saturdays  
9:00 – 18:00

Treatments, fitness, coiffeur & barber

