



LE GRAND SPA

13.12.24 - 30.03.25

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Group Classes	08.30 POWER VINYASA <i>Intermediate</i> (60 MINS)		08.30 PILATES MAT (60 MINS)	08.30 JIVAMUKTI YOGA (75 MINS)			
		09.45 PILATES REFORMER <i>Fast Pace</i> (60 MINS)			09.45 PILATES REFORMER <i>Fast Pace</i> (60 MINS)		09.45 PILATES REFORMER <i>Fast Pace</i> (60 MINS)
		10.50 PILATES REFORMER <i>Slow Pace</i> (60 MINS)	10.30 SUP YOGA <i>In the pool</i> (60 MINS)	10.50 PILATES REFORMER (60 MINS)	10.50 PILATES REFORMER <i>Slow Pace</i> (60 MINS)	10.30 HATHA YOGA FLOW (75 MINS)	10.50 PILATES REFORMER <i>Slow Pace</i> (60 MINS)
	17.30 PILATES MAT (60 MINS)	18.30 SOMATIC HATHA YOGA (60 MINS)	18.30 POWER VINYASA <i>Intermediate</i> (60 MINS)	18.30 YIN RESTORATIVE YOGA (60 MINS)	17.30 BARREFIT (60 MINS)		17.15 SOUND HEALING <i>12/01, 26/01, 09/03, 23/03</i> (60 MINS)

- Please be aware: a free cancellation 24 hours prior to the class is possible. A late cancellation requires a full amount to pay or will be deducted from the abonnement.
- To reserve a class: prepayment or with a valid abonnement.
- E-Mail: spa@bellevue-gstaad.ch
- Phone: +41 33 748 0101

Pilates Reformer & SUP 1x: CHF 45 / 10x: CHF 450

All other classes: CHF 40

Abonnement for classes (excl. Reformer & SUP)

16x: CHF 500 / 32x: CHF 925 / 100x: CHF 2.000

